

Gentle Chiropractic Care for the Lower Body.

OBJECTIVES:

To provide a new look at evaluating and adjusting the injured pelvic girdle and lower extremity joints using repetitive gentle thrusts employing Spring Loaded Instrument and Drop Table Techniques. Management of arthritic conditions to promote increased activity and independent living will be covered..

COURSE OUTLINE

Hour 1-2. Reasons for adjusting with a Spring Loaded Instrument and or Drop Table for the lower body: safety, anxiety, contraindications for manipulation and multiple injuries with limited positions. Adjusting of the severely dysfunctional pelvis, including pregnancy, Drop Table adjusting or manual adjusting of the severely dysfunctional pelvis.

Hour 3. Evaluation and adjusting of the dysfunctional knee and management of injured knees.

Hour 4. Evaluation and adjusting of the proximal and distal fibula-tibial joints, ankle joints and calcaneal/talar joints and mid-foot joints with the Spring Loaded Instrument and Drop Table adjusting and management of the injured leg, ankle and feet.