

Gentle Chiropractic Care for the Upper Body

OBJECTIVES:

To provide a new look at evaluating and adjusting the injured spine, rib cage and upper extremity with consideration to multiple health problems using repetitive gentle thrusts employing a Spring Loaded Instrument and Drop Table Techniques.

COURSE OUTLINE

Hour 1-2. Reasons for adjusting with a Spring Loaded Instrument and or Drop Table for the upper body: safety, anxiety, contraindications for manipulation and multiple injuries with limited positions. Spring Loaded Instrument adjusting of the ribs, Drop Table adjusting of the ribs, costosternal and sternoclavicular joints. Use of bracing and management of these injuries.

Hour 3. Upper cervical adjusting with a Spring Loaded Instrument to allow (1) specific contact and direction of force; and (2) variable force in different positions. Drop Table adjusting of the upper cervical spine. Mid, lower cervical and thoracic adjusting with both the Spring Loaded Instrument and Drop Table with special consideration to a patient's limited ability to change positions. There will be Temporomandibular Joint evaluation and adjusting.

Hour 4. Evaluation and adjusting of the dysfunctional upper extremity joints including the acromium-clavicular joint, gleno-humeral joint, ulnar-humeral and radio-humeral joints and wrist articulations. Adjusting of the gleno-humeral joint, ulna and radio-humeral joints and the wrist will be covered. Management of these injuries will be covered.