History & Examination – Diagnosing Whiplash – 4 Hours
Syllabus
Presented by Steven C Eggleston, DC, Esq.

Objectives
The course will teach how to consult, examine and diagnose whiplash injuries and the most common injuries associated with whiplash injuries. They will be taught how a thorough and proper history and examination will lead to the correct diagnosis the first time and that they owe that to their patients. The chiropractor will understand that there are far more injuries that patients have during whiplash and that they are professionally responsible under section 317(w) to recognize, diagnose and refer out these injuries.

Hour 1
The Chiropractor will be instructed why one-third of car accident patients heal completely with only chiropractic care in less than three to four months. They will learn statistics from the National Institutes of Health on the incidence of PTSD in trauma patients as well as various studies that show 24% of concussion patients develop sleep apnea and 80% of concussion patients have low testosterone which slows down healing.

Hour 2
There will be a discussion of simple muscle injuries that should heal in six to twelve weeks versus torn tendons and ligaments which never heal and usually require a referral in order that the Chiropractor does not violate Section 317(w) of the California Board Rules and Regulations. The Chiropractor will be instructed on ligament referred (sclerogenic) referred pain based on the work of Janet Travell, MD, who was President John F. Kennedy’s personal physician and wrote the book on trigger point therapy.

Hour 3
The Chiropractor will be instructed how X-ray findings correlate with clinical symptoms, the formation of degenerative arthritis in traumatized joints and to understand the best treatment options for patients that have torn spine ligaments. There is a discussion of making referrals for Prolotherapy, PRP and Stem Cell treatments when the treating chiropractor discovers the X-ray finds that are pathognomonic of torn spine ligaments.

Hour 4
The chiropractor will be taught how to consult with a trauma patient with torn spine (or other) ligaments. How to examine the patient radiologically and which x-ray films are most diagnostic for these injuries. The most respected tests with courts and jurors are demonstrated and the Chiropractor is taught how to better utilize these tests in order to know exactly what is wrong with the patient.