

# CURRICULUM VITAE

## BRUCE HUMPHRIES D.C.

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Redlands, CA 92374  
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### Clinical Experience

- 1990 to Present CHIROPRACTIC SPORTS AND INJURY CENTER  
Private practice. Diagnosis and treatment of patients of all ages. X-ray, Physical Therapy, Workers Comp, Personal Injury
- Spring 1990 COSTA MESA CHIROPRACTIC CENTER  
Responsible for the diagnosis and treatment of Chiropractic patients
- 1989 to 1990 WHITTER HEALTH CENTER  
Clinic for Los Angeles College of Chiropractic

### Education

- 1987 to 1990 LOS ANGELES COLLEGE OF CHIROPRACTIC; Whittier CA.  
*Doctor of Chiropractic Degree.*
- 1985 to 1986 BRIGHAM YOUNG UNIVERSITY; Provo, UT.  
*Pre-Chiropractic major..*
- 1984 to 1985 CRAFTON HILLS COLLEGE: Yucaipa CA.  
1981 to 1982 *Associate of Science Degree.*

### Continuing Education

- 2021 Low Back rehap/Spinal Decompression/Nutrition/Billing and Coding/Xray  
2020 X-ray/MRI / Nutrition  
2019 X-ray / Ethics / Insurance  
2018 Documentation / TMJ diagnosis and treatment  
2017 X-ray / Technique / Philosophy  
2016 Soft Tissue Mobilization / ethics / x-ray / nutritional / Technique  
2015 X-ray / Ethics / Coding / Technique  
2014 Nutrition / Patient care / Insurance coding  
2013 DOT physicals / Chiro Neuro / X-ray  
2012 Adrenal Health / Ethics / X-ray / Biomechanics  
2011 Patient Education / Adjusting Technique / X-ray certification  
2010 Diversified seminar / X-ray  
2009 X-ray Case Presentation / X-ray Recertification / Cervical adjusting tech  
2008 Personal Injury - HBT Institute  
2007 Personal Injury / Adjusting technique / X-ray technique  
2006 Wellness and Nutrition  
2005 X-ray / Patient education / Adjusting technique  
Workers Compensation reform / X-ray

2004	Workers Compensation reform / X-ray
2003	X-ray / Practice management / Spinal adjusting: an art
2002	Exercise Physiology
2001	Golf injuries
2000	Golf injuries
1999	Nutrition/Adjusting technique
1998	Orthopedic review
1997	Adjusting technique
1996	Adjusting technique
1995	Worker compensation, / Practice Management / Risk Management
1994	Personal Injury / Sports injury.
1993	Pediatrics and Chiropractic.
1992	Chiropractic and the pregnant patient.
1991	Soft tissue injuries.

## **Books Authored**

Fibromyalgia Solved: The True Cause and Correct Treatment for Many People who Have Fibromyalgia. 2013, This book explores sleep apnea's direct connection to fibromyalgia, how this was discovered, diagnosis, and treatment. There is both a lay person's version, as well as a textbook version.

Uncommon Solutions for Common Injuries 2006, revised 2009. This book contains insights to treating common injuries. It provides explanations, home treatment, and questions to ask your doctor. It was written to the lay person.

## **Community Activities**

Volunteer coach and referee for AYSO • Webelos leader in Cub Scouts • Scout Master for BSA • Guest lecturer for various community and church organizations • Volunteer Physical Examiner for Los Angeles Red Cross • Volunteer Physical Examiner for Pop Warner football • Planning Area Commission - City of Redlands • Various church volunteer assignments