

CURRICULUM VITAE - SUZAN ANNE STARLER, D.C.

November 24, 2020

Academic Degrees

- 1993 — Doctor of Chiropractic Los Angeles Chiropractic College; Whittier, California
 1991 — B.S. Human Biology, Los Angeles Chiropractic College; Whittier, California

Licensure/Certification

- 2011 — Quantum Neurology™ - Intern – Level III, Los Angeles, California
 2006 — Advanced Clinical Training: Nutrition Response Therapy, UNS, Florida
 1999 — Board Certified Naturopathic Physician; Washington, District of Columbia (*Lapsed*)
 1995 — Qualified Medical Evaluator, QME No. 911815, State of California (*Lapsed*)
 1995 — Certified; Mechanical Diagnosis and Therapy; McKenzie Institute International
 1994 — Certified Industrial Disability Examiner, California Chiropractic Association (*Lapsed*)
 1993 — Injury Prevention Consultant-BackSafe/SittingSafe, Future Industrial Technologies
 1993 — License Doctor of Chiropractic, California License #22862

Selected Postgraduate Studies Relevant to Current Practice

2012 – 2020 – Various practice-related continuing education focused primarily on Functional Medicine, including:

- Hashimoto’s Thyroid (Kharazzian Institute 5/2020);
- The Autism Summit (1/2016)
- Hormone Module (Institute of Functional Medicine 7/2016);
- Integrative Detoxification (10/2015);
- Digestive Mastery (7/2014);
- Mastering Blood Chemistry (7/2014);
- Breaking the Complex Web of Leaky Gut (11/2013);
- Functional Wellness (11/2013);
- Mastering Brain Chemistry (10/2013);
- Environmental Toxicity (6/2013);
- The Gluten, Leaky Gut, Autoimmune Connection (2/2013);
- H.J. Ross Seminar (10/2012);
- Integrative Assessment Technique (Lauren Marks, D.C., 3/2012, 7/2012, 11/2013);
- Mastering the Thyroid (9/2012);
- Got Documentation (8/2012);
- Impacting Blood Chemistry with Whole Foods (7/2012);
- Mastering Blood Chemistry Analysis (5/2012);

2011 — Koren, D.C. (San Diego, CA 5/13, 5/14, 5/16/11)	16 hrs
2011 — Renewing the Aging Brain, Apex Energetics (Santa Monica, CA 5/4/11)	2 hrs
2011 — Nutritional Response Testing & Applied Clinical Nutrition, L.A., CA (April 30, May 1, 2011)	12 hrs
2011 — Mastering the Thyroid – Datis Kharrazian, D.C., (Del Mar, CA 4/1/11 – 4/3/11)	20 hrs
2011 — Quantum Neurology – Module II (#2) – George Gonzalez, D.C. (Culver City, CA 3/10 & 3/11/11)	16 hrs
2011 — The Brain- Gut Axis & Clinical Application, Apex Energetics (Santa Monica, CA 3/1/11)	2 hrs
2011 — Quantum Neurology – Module I (#2) – George Gonzalez, D.C. (Culver City, CA 2/11 & 2/12/11)	16 hrs
2011 — Insurance Training Class, HJ Ross Company, (Whittier, CA, 2/5/11)	8 hrs
2011 — Breaking the Complex Web of Leaky Gut , Apex Energetics (Santa Monica, CA 2/2/11)	2 hrs
2010 — Thyroid- Brain- Immune Connection , Apex Energetics (Santa Monica, CA 11/16/10)	2 hrs
2010 — The Clinical Evidence Based Practice of Chiropractic (Burbank, CA 9/30/10)	12 hrs
2010 — Quantum Neurology – Module II (#1) – George Gonzalez, D.C. (Culver City, CA 6/4, 6/5, 6/6/10)	18 hrs
2010 — Functional Wellness Seminar by Dr. Bruce Bond (Los Angeles, CA 06/06/10)	8 hrs
2010 — Quantum Neurology – Module I (#1) – George Gonzalez, D.C. (Culver City, CA 5/14, 5/15, 5/16/10)	18 hrs

2010	— The Advanced Comprehensive Insurance Seminar (HJ Ross Company)	8 hrs
2009	—Chiropractic Treatment for Children w/ADHD, Autism and Other Neurobehaviorial Disorder (ACA Live TeleSeminar)	
2009	— Metabolic Biotransformation by Dr. Bruce Bond (Los Angeles, CA 6/6/09)	8 hrs
2009	— Nutritional Home Runs by Dr. Michael Dobbins (Costa Mesa, CA 5/16/09)	7 hrs
2009	— Nutritional Response Testing & Applied Clinical Nutrition, L.A., CA (March,2009)	12 hrs
2009	— The Nutrition Seminar. Ventura, CA (2/21/09)	12 hrs
2008	— Nutritional Response Testing & Applied Clinical Nutrition, L.A., CA (October, 2008)	12 hrs
2008	— Viana Stibal's Theta Healing (9/26, 9/27, 9/28/2008)	20 hrs
2008	— Top 10 Reasons for Doctor Visits by Dr. Michael Dobbins (5/17/08)	7 hrs
2008	— Nutritional Response Testing & Applied Clinical Nutrition, L.A., CA (March, 2008)	12 hrs
2008	— Practice Made Perfect – Life Chiropractic College West (3/26/08)	12 hrs
2007	— Nutritional Response Testing & Applied Clinical Nutrition, L.A., CA (October, 2007)	12 hrs
2007	— McKenzie Institute USA – Part E: The Human Extremities, San Diego, CA (9/29-9/30/07)	16 hrs
2007	— Nutritional Detox Program, Los Angeles, CA (8/11/07)	12 hrs
2007	— Intro to Neuropsychiatric Disorders & Their Assoc. to Diet & Membrane Disorders, Clearwater, FLA	2 hrs
2006	— The Heat is On – Menopause and PMS, Los Angeles, CA	12 hrs
2005-2006	— Advanced Clinical Training: Nutrition Response Therapy, UNS, Clearwater, FLA	216 hrs
2005	— Secrets of a Nutritional Practice, Clearwater, FLA	12 hrs
2005	— Nutritional Response Testing & Applied Clinical Nutrition, L.A., CA	12 hrs
2005	— Activator Methods – Track I, Del Mar, CA	10 hrs
2004	— Validating Chiropractic, L.A., CA	12 hrs
2004	— Nutritional Response Testing & Applied Clinical Nutrition, L.A., CA	12 hrs
2004	— First Line Therapy (Nutritional Lifestyle Program), L.A., CA	12 hrs
2004	— Injuries from Low Impact Collisions, L.A., CA	12 hrs
2003	— Improving Health Outcomes Through Nutritional Support for Metabolic Biotransformation, L.A., CA	8 hrs
2003	— First Line Therapy – Metagenics, Los Angeles, CA	4 hrs
2002	— The Heat is On – Menopause and PMS, Los Angeles, CA	12 hrs
2002	— No Nonsense Rehab, Los Angeles, CA	12 hrs
2001	— Golf Injuries and Exercises; Tahoe, CA	12 hrs
2001	— Advanced Stabilization of the Lumbar Spine; Santa Barbara, CA	12 hrs
2000	— Clinical Nutrition and Diversified Technique; Culver City, CA	12 hrs
2000	— Chronic Inflammatory Disease–Understanding Causes & Designing Therapies; Santa Monica, CA	2 hrs
2000	— Maximizing (Nutritional Performance); Long Beach, CA	8 hrs
2000	— Nutritional Management of the Underlying Causes of Chronic Disease; Los Angeles, CA	6 hrs
2000	— Mulligan Concept – Mobilizations with Movement – Lower Quadrant; Denver, Colo.	12 hrs
2000	— Mulligan Concept- Mobilizations With Movement– Upper Quadrant; Denver, Colo.	12 hrs
2000	— Advanced Practical Nutrition; Los Angeles, CA	12 hrs
1999	— Foundations of Nutritional Therapy (Series Seminars); Los Angeles, CA	40 hrs
1999	— 1999 Applied Kinesiology Sports Symposium; Los Angeles, CA	22 hrs
1998	— Thompson Technique – Los Angeles, California	4 hrs
1998	— Advanced Ergonomics of Sitting; San Francisco, CA	16 hrs
1998	— Touch For Health – Synthesis; International Kinesiology College; Santa Monica, CA	50 hrs
1997	— Touch For Health – Functional Assessment of Muscle Imbalance; LACC	12 hrs
1997	— Rehabilitation – Upper Extremity Injuries; LACC	12 hrs
1996	— Rehabilitation of Common Athletic Injuries; LACC	12 hrs
1996	— CCF's DE/IDE Recertification Seminar; Pasadena	6 hrs
1996	— Rehabilitation of the Upper Quarter; LACC	12 hrs
1996	— Diagnosis, Classification and Management Protocols for Spinal Disorders; LACC	12 hrs
1996	— The Foot and the Spine: Closed Chain Kinematics; LACC	12 hrs
1996	— Clinical Biomechanics of the Lumbar Spine/Post Surgical Rehab; LACC	12 hrs
1996	— Whiplash, Vertigo and Headache; LACC	12 hrs
1996	— Soft Tissue Rehab in the Cervical Spine and Upper Quarter; LACC	12 hrs
1996	— Functional Pathology of the Motor System & Rehab Guidelines; LACC	12 hrs
1995	— Thompson Technique; Cleveland Chiropractic College	4 hrs
1994	— American Back Society Symposium, Century City, CA	18 hrs
1994	— Industrial Disability Examiner, CCF	24 hrs
1994	— Basic Workers' Compensation, CCF	12 hrs

1994 — Ergonomics of Sitting	12 hrs
1994 — McKenzie Institute; Problem Solving	18 hrs
1993 — McKenzie Institute; Cervical Thoracic Spine	12 hrs
1992 — McKenzie Institute; Lumbar Spine	12 hrs
1992 — Ergonomics of Sitting For The Able Bodied Population	12 hrs

Back School/Conditioning Programs

2001 — <i>SittingSafe Injury Prevention Program</i> ; BAE Systems; Santa Monica, CA
2000 — <i>SittingSafe Injury Prevention Program</i> ; Zenith Insurance; Canoga Park, CA
1999 — <i>SittingSafe Injury Prevention Program</i> ; Zenith Insurance; Canoga Park, CA
1998 — <i>SittingSafe Injury Prevention Program</i> ; Merrill Lynch; Los Angeles, CA
1998 — <i>SittingSafe Injury Prevention Program</i> ; Unicare; Orange County, CA
1997 — <i>BackSafe Injury Prevention Program</i> ; United Airlines, Singapore (March & October)
1996 — <i>BackSafe Injury Prevention Program</i> ; Chrysler Corporation, Ontario, CA
1996 — <i>BackSafe Injury Prevention Program</i> ; United Airlines, Los Angeles, CA
1996 — <i>Injury Prevention Conditioning Program</i> ; Home Box Office, Animation Dept., Los Angeles, CA
1996 — <i>Back School and Back Conditioning Program</i> ; Santa Monica Police Department, CA
1995 — <i>Back School and Back Conditioning Program</i> ; Santa Monica Fire Department, CA
1995 — <i>Ergonomics and Spinal Self-Care for Office Workers</i> ; Mann & Gelon CPAs

Faculty Positions

1995-1996 — Ryokan College, Musculoskeletal Anatomy and Biomechanics

Guest Lecturer

2014 – **Success With Autoimmune Disease – (Sponsored by Biotics)**

Matol Weight Loss Program; A Treatment Program For the Pancreas

2007 – Dr. Taylor, M.D., Brentwood, California

2006 – Matol Regional Meeting, Los Angeles, California

2006 – Anne Penman Stop Smoking/Weight Loss Clinic, Fort Meyers, Florida

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2006 – Anne Penman Stop Smoking/Weight Loss Clinic, Fort Meyers, Florida

Train the Trainer - Muscle Testing and Assessment

1996 — Powerhouse Gym; Los Angeles, CA

Introduction to McKenzie Methods of Mechanical Diagnosis

2002 — Los Angeles College of Chiropractic; Whittier, CA

1996 — Los Angeles College of Chiropractic; Whittier, CA

1996 — Los Angeles College of Chiropractic; Thie Chiropractic Clinic; Pasadena, CA

1995 — Los Angeles College of Chiropractic; Thie Chiropractic Clinic; Pasadena, CA

Empowering Your Body - Rehabilitation Exercises

1995 — Granada Hills Hospital; American Parkinson's Association-West Valley Chapter

1995 — Santa Monica Senior's Recreation Center

Symptom Magnification & Rehabilitation

1995 — Los Angeles College of Chiropractic; Thie Chiropractic Clinic; Pasadena, CA

Myths & Realities of Neck and Back Pain/Ergonomics of Sitting

1995 — Rotary Club, Pacific Palisades

1995 — Relax The Back Store (Owners and Employees); Santa Monica, CA

1995 — Video Presentation for Relax The Back Store Clientele; Beverly Hills, CA

1995 — El Monte Moose Lodge

Whiplash: Driving Safety Tips

1994 — Business Network International; Olympic West Chapter; Santa Monica, CA

Empowering Your Body: Walking - The Basics

1994 — Holiday Villas Retirement Home, Santa Monica, California

Prevention and Rehabilitation of Work Related Injuries

2006 — Santa Monica Professionals; Santa Monica, CA

- 2005 — Santa Monica Professionals; Santa Monica, CA
- 1995 — Kiwanis Club
- 1995 — Goodwill Industries
- 1995 — Exchange Club of Culver City
- 1995 — Westside Business Women's Association; Santa Monica, CA
- 1995 — Santa Monica Professionals; Santa Monica, CA
- 1994 — Cohen, Bender & Wall, C.P.A.'s, Brentwood, California
- 1993 — Business Network International; Olympic West Chapter; Santa Monica, CA
- 1992 — Disney Corporation; Burbank, California

Ergonomics of Sitting in the Workplace

- 2004 — Santa Monica Professionals
- 1996 — Santa Monica Professionals
- 1992 — Glendale Federal Bank; Glendale, California

Published Works

- 1996 — "Therapeutic Loading Criteria: The McKenzie Protocols,"
Spinal Rehabilitation, David Stude, ed., Aspen Publishing , 1999; 147-180