

History & Exam – Concussion Symptoms - 4 Hours CE  
Syllabus  
Presented by: Steven C Eggleston, DC, Esq.

Objectives

Participants will be taught the difference between Mild Traumatic Brain Injury (MTBI) and Traumatic Brain Injury (TBI) and the six different categories of MTBI symptoms. They will learn that 40% to 50% of patients that seek chiropractic care after a car accident have a brain concussion. They will learn to take a proper history so they do not miss the patients' concussion symptoms and how to examine those symptoms using questionnaires from the Centers for Disease Control, the Epworth Hospital in Australia and the Rivermead Head Injury Center in Aberdeen, England.

Hour 1

There will be an in depth analysis of the physical symptoms of concussion/MTBI including headaches, weakness in arms or legs, poor balance, seizures, loss of libido, fatigue, weight gain or loss, hearing problems change in sense of taste or smell, numbness and tingling, blurry vision, high blood pressure and worsening of diabetes.

Hour 2

Analysis of the emotional symptoms of concussion including irritability, sadness/tearfulness, mood swings, nervousness, anxiety, depression, hopeless, helplessness, reduced confidence, apathy and intense fear (PTSD) as they relate to concussion patients.

Hour 3

There will be an in depth analysis of the behavioral and cognitive symptoms of concussion/MTBI including change in exercise patterns, agitation, loss of inhibitions, difficulty concentrating, disorientation, confusion, difficulty speaking, attention deficits, focusing deficits, memory problems, reading comprehension problems, writing problems and difficulty learning, understanding or planning.

Hour 4

There will be an in depth analysis of the social and sleep symptoms of concussion/MTBI including social withdrawal, relationship difficulties, loss of enjoyment of hobbies and sleep disorders. Participants will be taught how to take a history and examine a patient for these symptoms. Forms from the Centers for Disease Control and other international highly respected institutions of concussion research will be supplied to give the participants the tools needed to take a proper history and examine trauma patients who have brain concussions.