

# Hip Physical Examination

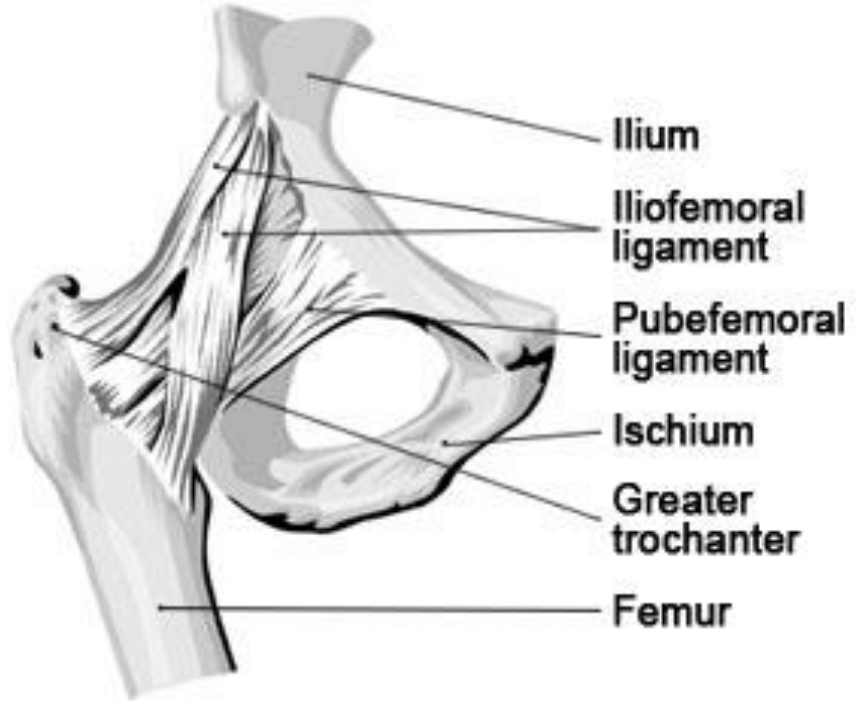
Name \_\_\_\_\_

Date \_\_\_\_\_

## Hip

### Inspection

Finding	Positive
Mass	
Swelling	
Discoloration	
Deformity	
Cicatrix	
Joint Play	
Bony Palpation	
Soft Tissue Palpation	
Gait Disturbance	
Antalgia	



### Passive Range Of Motion

Hip	Norm	Exam	Pain
Flexion	120		
Extension	30		
Internal Rotation	35		
External Rotation	45		
Abduction	45		
Adduction	25		

### Active Range Of Motion

Hip	Norm	Exam	Pain
Flexion	120		
Extension	30		
Internal Rotation	35		
External Rotation	45		
Abduction	45		
Adduction	25		

### Orth/Neuro Tests

Test	Left	Right
Hibb's		
Patrick FABERE's		
Thomas		

### Muscle Strength

Test	Left	Right
Flexors		
Extensors		
Abductors		
Adductors		
Internal Rotators		
External Rotators		
Quadriceps		
Hamstrings		

5 = normal; full ROM, full resistance

4 = good; full ROM, some resistance

3 = fair; full ROM, against gravity

2 = poor; full ROM, no gravity

1 = trace; no motion, with contractility

0 = zero; no motion, no contractility

