

History & Exam – Using Simple Concussion Tests – 4 Hours
Back To Chiropractic CE Seminars
Presented by Steven C Eggleston, DC, Esq.

Objectives

The objective of this course is to teach chiropractors how to use the most respected concussion questionnaires and tests. They will be taught to screen patients using the Acute Concussion Evaluation (ACE) from the Centers for Disease Control (USA), the Rivermead Concussion Questionnaire (Britain), the Epworth Sleep Questionnaire (Australia), the Folstein Mini-Mental State Examination (MMSE) and three follow up questionnaires developed for re-evaluations to quantify the progress (or lack) in their concussion patients. Patients are walking into chiropractic offices all the time with concussions from sports injuries and car accidents. The objective of this course is to help them recognize concussions, screen for them and make appropriate rules as required under Board Rule 317(w).

Hour 1

There is an in depth analysis of the Acute Concussion Evaluation, the Rivermead Concussion Questionnaire, the Epworth Sleep Questionnaire and the Folstein Mini-Mental State Examination. Examples of these questionnaire forms are supplied and doctors are taught how to use them.

Hour 2

Participants will be taught how to use the questionnaires, Assessment of Reactions to a Stressful Car Accident, Head Injury Follow Up Questionnaire, Rivermead Head Injury Service Follow Up Questionnaire and Head Injury Outcome Assessment. This is followed by a discussion of other concussion screening tests.

Hour 3

The physiology of concussions is presented including studies from the literature so doctors will be able to understand how this affects their own patients. Doctors will be taught the exact meanings of the test of shining a light into a patient's eyes.

Hour 4

Primary and secondary brain damage is discussed. Participants will learn 5 of the most common symptoms of brain concussion and how they can advise their patients in the process of rehabilitation of these brain functions. Finally, treatment options for concussions are discussed including hyperbaric oxygen therapy and biofeedback.