

## Labs for DCs: Type II Diabetes ~ 2 Hrs

Learning Objective: Understand how to evaluate the blood work of patients with diabetes type II and whether their case is being addressed properly from a holistic perspective.

### Hour One:

- Clinical overview of Diabetes

- Causes of diabetes: dietary factors as the primary cause of type II diabetes and steps to ensure the underlying cause is being addressed properly.

- Signs and Symptoms to look for in patients that have not yet been diagnosed with Type II Diabetes but have it.

### Hour Two:

- Signs and symptoms of Diabetes medication side effects in those who've been diagnosed as Type II and aren't addressing lifestyle factors.

- Lab findings and interpretation: Blood glucose levels both fasting and random, Hemoglobin A1c, and fasting insulin serum levels.

- Medical vs alternative treatment options for Type II Diabetes