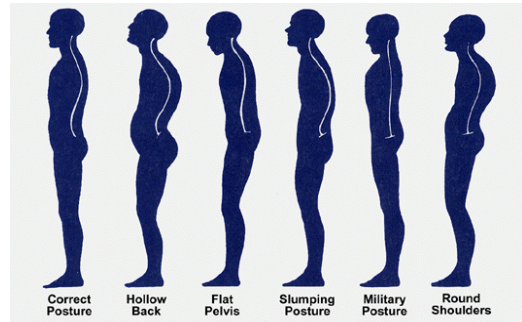
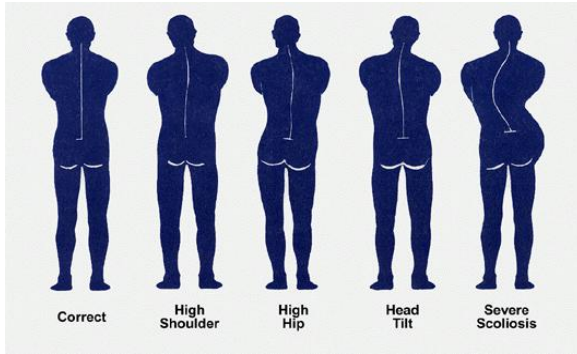


Thoraco/Lumbo/Pelvic Spine Physical Examination

Name _____

Date _____



Vital Signs

Age	
Height	
Weight	
Pulse /min	
Respiration /min	
BP	
Temp	

Postural Analysis

Region	L	N	R
Thoracic muscle tension			
Lumbar muscle tension			

Range Of Motion

T/L Spine	Norm	Passive		Active	
		Exam	Pain	Exam	Pain
Flexion	90				
Extension	30				
Left Rotation	30				
Right Rotation	30				
Left Lat Flex	20				
Right Lat Flex	20				

Deep Tendon Reflexes

Reflex	Disc	Root	Left	Right
Quads	L3-L4	L4		
Hamstrings	L4-L5	L5		
Gastroc	L5-S1	S1		

- 0 = no response
- 1 = somewhat diminished
- 2 = normal
- 3 = brisk
- 4 = hyperactive

Resistive Efforts

T/L Spine	Pain/Weak
Flexion	
Extension	
Left Rotation	
Right Rotation	
Left Lat Flex	
Right Lat Flex	

Lumbo/Pelvic Exam

Ortho Exams	Left		Right	
	N	Ab	N	Ab
Nachlas				
Yeoman's				
Ely's				
Hibb's				
SLR				
WLR				
Braggard's				
Patrick's				
Goldthwaite's				
Soto-Hall's				
Gainslen's				
Brud/Kernig's				
Hoover's				

Lumbo/Pelvic Exam

Exams	N	Ab
Minor's		
Lewin's		
Kemp's		
Gillet's		
Trendelenburg's		
Valsalva's		
Lhermitte's		
Babinski's		

Leg Length Measured

Measurement	Left	Right
ASIS-Lat Mal		
GrTro-Lat Mal		

Derefield Leg Check

Position	Even	L Sh	R Sh
1			
2			

Spinal Palpation

Left	Level	Right
	T1	
	T2	
	T3	
	T4	
	T5	
	T6	
	T7	
	T8	
	T9	
	T10	
	T11	
	T12	
	L1	
	L2	
	L3	
	L4	
	L5	
	S1	

- S = Spasm
- F = Fixation
- T = Tender
- E = Edema
- H = Hypertonic
- N = Nodule
- P = Pain
- +Mild ++Mod +++Severe

Sensory Dermatomes

Nerve	
L2	
L3	
L4	
L5	
S1	

- Radicular Symptoms
- Hypo/Hyperalgesia
- Hypo/Hyper/Anesthesia
- Temp/Vibration
- Prop Alteration
- 2 point Discrimination