

Education:

Palmer College of Chiropractic-West - Doctor of Chiropractic 1990

California State University Sonoma – Pre-Medicine Program 1987

Board Certification/Member:

American College of Lifestyle Medicine 2016

American Chiropractic Board of Sports Physicians: 1995

- Certified Chiropractic Sports Physician (CCSP)

Licensure:

National Board of Chiropractic Examiners 1990

Active State Board(s); Hawaii, California, Colorado, New York, Colombia, South America

Areas of Expertise:

Lifestyle Medicine, Nutritional Medicine, Clinical Nutrition

Chronic Disease Reversal Programs

Health & Wellness Immersion Retreats

Corporate Wellness Programs

Sports Injuries and Rehabilitation

Chiropractic Medicine

Professional Experience:

President, [DocEmerson Co.](#), Health & Wellness Consulting 2003 - Present

- Private Physician Services & Consulting, Corporate Wellness Programs

Four Seasons Hotels & Resorts Maui, Wellness Consultant 2012 - Present

- Four Seasons Resort Maui, Health & Wellness Program
- Four Seasons Resort Maui, Nutrition Consultant to F&B, Culinary Team
- Resort Wellness Menus & DocEmerson Smoothie & Juice Bar (Duo)

Emerson Sports Injury Clinic, Saratoga, California Owner 2007 - 2012

Kihei Chiropractic & Sports Injury Clinic, Maui, Hawaii Owner 2000 - 2007

Mt. View Chiropractic & Sports Injury, Eugene, Oregon Owner 1991 - 2000

Appearances:

Movie - [Heal Documentary - Expert](#)

Publications:

Understanding & Utilizing Blood Labs; A Nutritional Perspective Part I & II
2014

A Nutritional Medicine Approach to Chronic Disease 2014

The 16/21 Diet Solution – Print and Digital Format 2009

Nutrition and Your Practice 2008

Post Graduate Teaching Experience:

Continuing Medical Education Expert (CME) 2003 - Present

Author/Speaker CME Programs:

- Clinical Nutrition, Nutritional Medicine
- Lifestyle Medicine Practice Protocols
- Blood Lab Interpretation
- Chiropractic Techniques

Professional Appointments:

PGA Tour Player & Personnel Consulting Physician 2002 - 2012

NFL Player & Personnel Consulting Physician 2002 - 2012

PGA Tour Medical Staff 2002

Maui Memorial Hospital Allied Staff Physician 2002 - 2007

United States Outdoor Track Championships Medical Staff 1993 & 1999

Nike World Masters Medical Staff 1998