

Ostochondritis dessicans



Ostochondritis dessicans/osteochondral defect/OCD of the talus is most common on the medial talar dome. It is seen as small helmet shaped indentation along the articular surface and is best seen on the oblique view. OCD is a cause of ankle pain with or without locking. It is typically the result of an inversion injury. The lesion should be further assessed with high field strength MR to determine the viability of the cartilage and bone. Although OCD may respond to conservative care, a surgical consultation is recommended.