

Back To Chiropractic
Presented by: Marcus Strutz, D.C.
Learning Objectives
History & Exam 4 Hours

1. How to perform a focused history.
2. To understand what to look for during the history in all of the following areas: Onset, Provocation or Palliation, Quality, Region and Radiation, Severity, and Timing.
3. To learn the significance and insignificance of the history findings: both signs and symptoms.
4. To learn the proper exam procedures for the spine and extremities, and understand the significance of the exam findings: both signs and symptoms.
5. To improve ability to make a proper prognosis and care plan.

Back To Chiropractic ~ History & Exam 4 Hours Outline
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Time	Topic
Hour 1	➤ Review of a focused history, to include specifics on: Onset, Provocation or Palliation, Quality, Region and Radiation, Severity, and Timing. Includes review of signs and symptoms, and “what to watch” for thinking. Includes discussion on the implications towards a proper prognosis.
Hour 2	➤ Review of the focused exam, to include specifics on: Onset, Provocation or Palliation, Quality, Region and Radiation, Severity, and Timing. Includes review of signs and symptoms, and “what to watch” for thinking. Includes discussion on the implications towards a proper prognosis. (continued)
Hour 3	➤ Review of a focused spinal exam for musculoskeletal injuries, (both micro and macro trauma). Includes: exam procedures, significance of findings and possible care plans for acute and chronic cases.
Hour 4	➤ Review of a focused extremity exam for musculoskeletal injuries, (both micro and macro trauma). Includes: exam procedures, significance of findings and possible care plans for acute and chronic cases.