

TMJ Physical Examination

Name _____ Date _____

TMJ

Inspection

Finding	Positive
Bony Palpation	
Soft Tissue Palpation	
Open 3 Fingers Width	
Clicks: Opening	
Clicks: Closing	
Deviation: Left	
Deviation: Right	
Deviation: W Shaped	

Orth/Neuro Tests

Test	Positive
Jaw Reflex	
Chvostek Test	

Muscle Strength

Muscle Group	Rating
Opening Muscles	
Closing Muscles	

5 = normal; full ROM, full resistance
 4 = good; full ROM, some resistance
 3 = fair; full ROM, against gravity
 2 = poor; full ROM, no gravity
 1 = trace; no motion, with contractility
 0 = zero; no motion, no contractility

Opening Muscles

External Pterygoids
 Hyoid Muscles

Closing Muscles

Masseter
 Temporalis
 Internal Pterygoids

