

TARA RASTA D.C

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EDUCATION

- B.S in psychobiology & Neuroscience UCLA 2014
- Doctor of Chiropractic from SCUHS 2017
- Functional Medicine certification SCUHS 2017
- Certificate of completion in Thyroid, Brain Chemistry, endocrinology & Functional Blood chemistry from Apex Energetics 2018-2019

RELEVANT EXPERIENCE

Owner at TARA RASTA D.C September 2018 – Present, Anaheim

- Providing chiropractic care using network spinal and diversified technique
- Providing Nutrition recommendation & evaluation using diagnostic testing

Independent Chiropractor at Vitalistic Healing Art Center May 2017 – September 2018, Laguna hills

- Providing chiropractic care using Network Spinal
- Nutritional recommendation & evaluation

Private tutor and teaching assistant at SCUHS September 2015 – March 2017, La Habra

- Teaching anatomy, biochemistry, physiology, and diagnostic techniques

Teaching Assistant at UCLA November 2014 – August 2015, Los Angeles

- Teaching biochemistry and lab analysis

Teaching Assistant at Pierce College Of Los Angeles September 2012-2014, Los Angeles

- Teaching biology, chemistry and mathematics

Community Health Lectures

- The importance of healthy nervous system at holistic Chamber of Commerce September 2018
- Healthy living at Ayaneh TV August 2020
- Releasing Tension at The Spa Doctor TV & Podcast November 2019
- The mind body connection at Dr.E highway to health podcast January 2020
- The healing power of touch at Authenticity podcast August 2019
- Nutrition & Blood chemistry at Cancer Awareness at ST Joseph Hospital June 2019

Organizations

- Holistic chamber of Commerce 2018-current
- American Chiropractic association 2018-current
- International and American Certified Clinical Nutritionists 2018-2020
- California Chiropractic association 2018-2021
- Functional Medicine University 2020-current
- Toastmaster International 2019-current