

Chiropractic Technique 4 Hours ~ Back To Chiropractic CE Seminars

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Course Objective: To demonstrate adjustment techniques in special circumstances. To give the attending DCs new ideas on how to adjust the regions of the body and specific joints that they can immediately apply in their practices.

Course Outline:

Hour 1:

Introduction: What to expect from technique demonstrations and audience participation
Evaluation and management of an anterolisthesis, disc bulge and congenital defect
Education regarding contraindications to an adjustment of this area
Demonstration of A-P adjustments of an anterolisthesis; vertebrae with disc bulge and congenital defect

Hour 2:

Evaluation and management of low back pain
Education regarding contraindications to an adjustment of this area
Demonstration of low back adjustments

Hour 3:

Evaluation and management of greater trochanteric referred pain
Education regarding contraindications to an adjustment of this area
Demonstration: of pelvic and sacral adjustments

Joint fixations that are often missed: diagnosis of and associated symptoms

- T1 Rib
- Lunate/capitate for carpal tunnel (A-P adjustment)
- Sacral adjustment
- Pelvis adjustments (most often PI; however assess for PI, AS, IN and EX)
- Lateral tracking of the patella
- Posterior fibula head

Demonstration and audience participation for the following adjustments:

- T1 Rib
- Lunate/capitate for carpal tunnel (A-P adjustment)
- Sacral adjustment
- Pelvis adjustments (most often PI; however assess for PI, AS, IN and EX)
- Lateral tracking of the patella
- Posterior fibula head

Hour 4:

Evaluation and management of Cervical spine pain
Education regarding contraindications to an adjustment of this area
Demonstration of Cervical spine adjustments

Evaluation and management of AI humerus
Education regarding contraindications to an adjustment of this area
Demonstration of AI humerus adjustments

Evaluation and management of cervical anterolisthesis
Education regarding contraindications to an adjustment of this area
Demonstration of cervical anterolisthesis adjustments

Evaluation and management of the shoulder
Education regarding contraindications to an adjustment of this area
Demonstration of shoulder adjustments