Thriving In Our Toxic World ~ 6 Hours
Kim B. Khauv, DC MPH
Back To Chiropractic CE Seminars

COURSE OBJECTIVES:
After taking this online course, the student will be able to:

1. List many common toxins at our home and offices.
2. Understand toxic loads and body burden.
3. Know where to find sources of toxins.
4. Understand the animal and human studies regarding toxins.
5. Know how to avoid and eliminate toxins.
6. Educate patients about living a healthy lifestyle.

COURSE OUTLINE:

Hours 1-2
   What are toxins?
   Terminology in toxicology
   Environmental health

Hour 3
   Body burden
   Reproductive Toxins
   Detoxification

Hour 4-5
   Water toxin
   Animal studies
   Human studies
   Effects of skeletal and nervous system

Hour 6
   Safer Alternatives