

Nutrition: GI Disorders 102 ~ 6 Hrs
Back to Chiropractic CE Seminars
Douglas Weed, DC

Course Objectives

- Continue education of the philosophy and methodology of a natural approach to non-pathological GI complaints learned in Part I
- Continue educating physicians on a top-down methodology to assessing common GI problems
- Continue evaluation of an integrated approach to common GI disorders
- Discuss advanced testing currently available for common GI complaints
- Integrate assessment with recommendations that doctors may easily implement

Course Outline

Hour 1-2

Comprehensive Digestive Stool Analysis How to Interpret the results:

- i. Microbiology- Commensal bacteria, Opportunistic Bacteria, Pathological
- ii. bacteria, fungus, mold, yeast, parasites, Drug Resistant Genes

Intestinal Health: Inflammation Markers, Immunology, Digestive Markers, Absorption Markers

- iii. Organic Acids Bacterial Markers; Benzoate, Hippurate, Phenylacetate
- iv. Phenylpropionate, P-Hydroxybenzoate, P-Hydroxyphenylacetate, Indican, Tricarballate, D-Lactate, 3,4- Dihydroxyphenylpropionate, D-Arabinitol,
- v. Test Result Examples

Hour 3-4

- i. Gluten Sensitivity Testing: Discussion, Comprehensive Celiac and Gluten sensitivity testing
- ii. Leaky Gut / GI Permeability testing, discussion, test result examples

Hour 5-6

Managing Common GI Disorders

- i. Prioritizing issues
- ii. Discussion of Useful Nutraceuticals
- iii. Formulate Care Protocols