

Curriculum Vitae

Dr. William Ruch, DC
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Clinical Experience

- 1987 – Pres. North Oakland Chiropractic Clinic, Oakland, CA.
- 1986 – 1987 Barriessa Chiropractic, Exam Doctor to Deann Harrison, CVP Founder, San Jose, CA.

Education

- 1986 Doctor of Chiropractic, Magna Cum Laude, Life Chiropractic College West, Hayward, CA.
- 1975 Bachelor of Science, Biology, University of San Francisco, San Francisco, CA.

Affiliations / Memberships

- 1988 – 2010 Fellow, American Back Society, San Francisco, CA.
- 1995 – 2001 Board Member, Chiro Biophysics, currently Evanston, WY.
- 2010 – 2018 Member, California Chiropractic Association, Sacramento, CA.

Teaching / Training Experience

- 2006 – Pres. Faculty, Continuing Education Dept, Life Chiropractic College West, Hayward, CA.
- 2000 – Pres. Research Associate, Life Chiropractic College West, Hayward, CA.
- 1997 – Pres. Adjunct Faculty, Anatomy Department, Life Chiropractic College West, Hayward, CA.
- 1997 – 1997 Faculty Appointment, American Back Society Symposium, San Francisco, CA.
- 1987 – 1993 Instructor, Human Spinal Dissection Laboratory, Life Chiropractic College West, Hayward, CA.
- 1986-2001 Instructor, Chiropractic Biophysics, Inc. currently Evanston, WY.

Inventions

- 2001 **Relief Glove** Patent #6,092,236. Medical device for carpal tunnel syndrome and other repetitive stress disorders. 96% effective in clinical trials.

Publications

- 2018 ***Advanced Adjusting Techniques: Chiropractic Care for Physically Compromised Patients.*** Life West Press, Hayward, CA, 2018.
- 2016 ***If Mommy's Not Happy, No One is Happy: Pregnancy and the Injured Pelvis, A Guide for Partners and Midwives.*** North Oakland Chiropractic Clinic, Oakland, CA, 2016.
- 2014 ***Atlas of Common Subluxations of the Human Spine and Pelvis, 2nd Ed.*** Life West Press, Hayward, CA, 2014.
- 1997 ***Atlas of Common Subluxations of the Human Spine and Pelvis.*** CRC Press, Boca Raton, FL, 1997.

Selected Presentations

- 2014 'Chiropractic Care for Patients with Advanced Arthritis, Hip Replacements, Knee Replacements, Spinal Degeneration' Twelve 1-hour lectures for CE4You, Inc. Continuing Education Series. Annapolis, MD.
- 2000 'Anatomical Demonstration of Degeneration of the Spine.' Monterey County Chapter, California Chiropractic Association, Sacramento, CA.
- 1998 'Anatomical Demonstration of Degeneration of the Cervical Spine.' Berkeley, California.
- 1995 'Molly's Tape – Demonstration of Spinal Biomechanics in the Treatment of C5-C6 Spinal Cord Trauma.' Menlo Park, CA.
- 1998 'Anatomical Demonstration of Degeneration of the Spine.' Sonoma County Chapter, California Chiropractic Association, Sacramento, CA.
- 1997 'Anatomical Demonstration of Degeneration of the Spine.' Sonoma County Chapter, California Chiropractic Association, Sacramento, CA.
- 1996 'Anatomical Demonstration of Degeneration of the Spine.' Sonoma County Chapter, California Chiropractic Association, Sacramento, CA.

Media Appearances

- 1996 KQED "Forum" radio talk show with Michael Krazney. Topic: Spinal Cord Trauma.

Published Articles

- 2005 'An Analysis of Pubis Symphysis Misalignment Using Plain Film Radiography.' Journal of Manipulative and Physiological Therapeutics. (With Ruch, Dr. BM) June 2005.
- 1993 'TMJ Problems and Skull Motion.' American Journal of Clinical Chiropractic. Eagle, ID.
- 1993 'Subluxations/Misalignments of the Pelvic Girdle – Part II.' American Journal of Clinical Chiropractic. Eagle, ID.
- 1992 'Subluxations/Misalignments of the Pelvic Girdle – Part I.' American Journal of Clinical Chiropractic. Eagle, ID.
- 1992 'Subluxations/Misalignments of the Lumbar Spine'. Journal of Clinical Chiropractic. Eagle, ID.
- 1992 'Subluxations/Misalignments of the Thoracic Spine.' Journal of Clinical Chiropractic. Eagle, ID.
- 1991 'Spinal Subluxation/Misalignment and The Central Nervous System.' Journal of Clinical Chiropractic. Eagle, ID.
- 1991 'Clinical Anatomy – Motion of the Normal Spinal Column.' Journal of Clinical Chiropractic. Eagle, ID.

Published Chapters

- 2001 Chapter Four 'Autonomic Neuroanatomy of the Vertebral Subluxation Complex.' C. Masarsky M. Todres-Masarsky *Somatovisceral Aspects of Chiropractic: An Evidence-Based Approach*. Churchill Livingstone, Pennsylvania, PA.

Published Photography

- 2005 'Cadaver Specimen.' Nordhoff, L. *Motor Vehicle Collision Injuries*. Jones and Bartlett Publishers, Sudbury, MA.

- 2002 'Pelvic Adjusting Protocols.' CBP Technique, Harrison, D and Harrison S., Harrison CBP Seminars Inc., Evanston, WY.
- 1993 'Cadaver Specimens & Radiography.' Plaugher, G. Textbook of Clinical Chiropractic – A Specific Biomechanical Approach. Williams & Wilkins, Baltimore, MD.

Areas of Professional Interest

7 years research of spine and joint complexes, dissecting over 250 human cadavers

600 hours of post-graduate education in spinal biomechanics.

Pelvic Realignment technique development & education